



24707 Dana Drive, Dana Point, CA 92629
949-493-9493 www.AventuraSailing.com

Sailing Academy

Spring Course Schedule 2019

Basic Sailing Class - March			
Mar 2	Sat	0800 - 1100	Lecture I
All Students		1100 - 1430	Lab I
Mar 3	Sun	1000 - 1200	Lecture II
3 Choices		0700, 1200, 1500	Lab II
Mar 9	Sat	1000 - 1200	Lecture III
3 Choices		0700, 1200, 1500	Lab III
Mar 16	Sat	1000 - 1200	Lecture IV
3 Choices		0700, 1200, 1500	Lab IV

Basic Sailing Class - (March)/April			
Mar 30	Sat	0800 - 1100	Lecture I
All Students		1100 - 1430	Lab I
Mar 31	Sun	1000 - 1200	Lecture II
3 Choices		0700, 1200, 1500	Lab II
Apr 6	Sat	0800 - 1000	Lecture III
3 Choices		1000, 1300, 1600	Lab III
Apr 13	Sat	1000 - 1200	Lecture IV
3 Choices		0700, 1200, 1500	Lab IV

Basic Sailing Class - (April)/May			
Apr 14	Sun	0800 - 1100	Lecture I
All Students		1100 - 1430	Lab I
Apr 20	Sat	1000 - 1200	Lecture II
3 Choices		0700, 1200, 1500	Lab II
Apr 28	Sun	1000 - 1200	Lecture III
3 Choices		0700, 1200, 1500	Lab III
May 5	Sun	1000 - 1200	Lecture IV
3 Choices		0700, 1200, 1500	Lab IV

Aventura Policies & Procedures Class • Charter Certification Requirement			
Mar 24	Sun	0900-1130	Included as part of sailing lessons and required to charter an Aventura boat.
Apr 14	Sun	1100-1330	
May 19	Sun	0900-1130	

Advanced Sailing Class			
Apr 27	Sat	0800-1100	Lecture I
2 Choices		1100, 1400	Lab I
May 4	Sat	1000-1200	Lecture II
2 Choices		0700, 1200	Lab II
May 11	Sat	1000-1200	Lecture III
TBA		1830	Lab III
May 18	Sat	1000-1200	Lecture IV
TBA		TBA	Lab IV

Coastal Navigation Class - March			
Feb 28	Thu	7:00 - 09:30 PM	Lecture I
Mar 7	Thu	7:00 - 09:30 PM	Lecture II
Mar 14	Thu	7:00 - 09:30 PM	Lecture III

Coastal Navigation Class - May			
May 1	Wed	7:00 - 09:30 PM	Lecture I
May 8	Wed	7:00 - 09:30 PM	Lecture II
May 15	Wed	7:00 - 09:30 PM	Lecture III

Course Fees		
Course	Member	Non-Member
Basic Sailing - Group (21 hrs.)	\$350	\$450
Advanced Sailing - Group (24 hrs.)	\$395	\$495
Coastal Navigation - Group (7.5 hrs.)	\$205	\$265
Coastal Navigation - Correspondence	\$65	\$90
Sailing Lessons - Private (3 hrs.)	Same as Course Fee	Same as Course Fee + Boat Fee
Sailing Clinic - Group (3 hrs.)	\$120	\$150
Refresher Labs - Group (3 hrs.)	\$120	\$150
Docking Clinic - Private (1 hr.)	\$120	\$150

Early Registration Is Recommended • 24 Hour cancellation is required on a reservation to avoid charges (Prices subject to change)

Additional Sailing Events and Seminars		
Description/Date(s)	Member	Non-Member
Mooring Clinic 9:00 AM to 12:00 PM (3 student min., 6 max)		
Sunday, Mar 24		
Saturday, Apr 27	\$120	\$150
Sunday, May 19		

Sailing Clinic 1:00 PM to 4:00 PM (3 student min., 6 max)		
Description/Date(s)	Member	Non-Member
Sunday, Mar 24		
Saturday, Apr 27	\$120	\$150
Sunday, May 19		

Private Lessons Available

Please call the office to discuss your interests.

Course Syllabus Color PDF available online to print from, or purchase a Black & White bound version from the office for \$10.00 per course.

Aventura Members certifying to charter will usually take the Basic Course upon joining unless they have previous experience. If they have previous sailing experience on vessels in the 30ft range, with inboard engines and wheel steering, they may choose to take the Advanced Sailing Course. Any course may be taken as a refresher course at a reduced rate.

Basic Sailing Course

Our Basic Sailing course consists of 21 hours of instruction designed for the student with limited or no experience in sailing, minimum 12 years old (must be accompanied by an adult) and will qualify members for chartering boats 27-32 foot in length. Included are 9 hours of classroom lecture emphasizing nautical terminology, aerodynamics of sail, boating safety, rules of the road, radio procedure, anchoring and heavy weather survival. In addition, students exercise practical sailing skills in 12 hours of lab sessions aboard 30 foot boats, with emphasis on sailing maneuvers, docking procedures and "man-overboard" recovery techniques. An additional 2 hour lab emphasizing Aventura charter policies, boat systems, and safety is given to current and prospective members. After this, you'll charter sailboats as big as 32 ft (refer to "Certification Information for Chartering" section).

Basic Lectures

1. Terminology
2. Safety – PFD's, Fire, Man Over Board, Sailing Checklists, Knot Tying
3. Rules of the Road, Aids to Navigation, Systems
4. Heavy Weather, Anchoring, Examination

Basic Labs

- I. Dockside Orientation
- II. Sailing Maneuvers, Man Over Board
- III. Docking & Sailing Review
- IV. Anchoring, Docking & Sailing Review

Coastal Navigation Course

Our Coastal Navigation course, students are introduced to navigation of coastal areas, including use of a chart, planning a cruise, dead reckoning a position and fixing a position by means of a compass and two landmarks. Also covered is navigation under conditions of reduced visibility, reading navigational aids, use of a GPS and position plots when only one landmark is observable.

Coastal Navigation Lectures

Certification Required For Multiple Day Charters

1. Dead Reckoning, Plotting a Course
2. Fixing a Position
3. Electronic Navigation, Planning a Cruise

Aventura's 1-2-3 Catalina Cruising Programs

1. Navigation Course
2. Catalina Cruising Seminar
3. Three Day Fleet Sail to Catalina

Advanced Sailing Course

Our Advanced Sailing course is designed for the student with experience on 30-32 foot keelboats with inboard engines and wheel steering. It includes 12 hours of classroom lectures and 12 hours of on-the-water instruction and will qualify members for chartering boats 33-36 foot. Topics covered in the course include advanced sailing techniques, sail shape and trim, docking, mooring and anchoring procedures, night navigation, marine electronics, heavy weather seamanship and use of the sextant in navigation.

Advanced Lectures

1. Sail Shape & Trim, Tuning, Balance of Sail Plan
2. Weather, Maneuvers Under Power
3. Night Sailing, Diesel Engines
4. Anchoring, Heavy Weather Sailing

Advanced Labs

- I. Advanced Sailing
- II. Docking, Maneuvers Under Power
- III. Night Sailing, Electronic Navigation
- IV. Anchoring, Heavy Weather Techniques

Other Clinics Docking • Anchoring • Mooring

Sailing Refreshers and Clinics

Our sailing refreshers and Clinics are proving to be a great way to maintain your certification status, if you haven't chartered recently. It is also a great way to maintain confidence in your skills.

Catalina Cruising Seminar

In one evening, visit all the mooring coves and best anchorages at Catalina, and learn how to make the crossing and return. With 200 color slides, you will see what to expect, and how to enjoy it.

Catalina Anchoring and Navigation

3 day Catalina Anchoring and Navigation with Exploration on a SuperBoat; may qualify you for Navigation and/or SuperBoat Certification* for the vessel you sail on.

Catalina Night Crossing and Circumnavigation

3 1/2 day Night Crossing and Circumnavigation of Catalina Island on a SuperBoat; may qualify you for Navigation and/or SuperBoat* Certification for the vessel you sail on.

*Eligible for **SuperBoat Certification** if you have 5 successful charters on Advanced vessels.