



24707 Dana Drive, Dana Point, CA 92629  
949-493-9493 www.AventuraSailing.com

# Sailing Academy

## Winter Course Schedule 2019

Basic Sailing Class			
Jan 5	Sat	0800 - 1100	Lecture I
All Students		1100 - 1430	Lab I
Jan 6	Sun	1000 - 1200	Lecture II
3 Choices		0700, 1200, 1500	Lab II
Jan 12	Sat	1000 - 1200	Lecture III
3 Choices		0700, 1200, 1500	Lab III
Jan 19	Sat	1000 - 1200	Lecture IV
3 Choices		0700, 1200, 1500	Lab IV

Basic Sailing Class			
Jan 26	Sat	0800 - 1100	Lecture I
All Students		1100 - 1430	Lab I
Feb 2	Sat	1000 - 1200	Lecture II
3 Choices		0700, 1200, 1500	Lab II
Feb 3	Sun	0800 - 1000	Lecture III
3 Choices		1000, 1300, 1600	Lab III
Feb 10	Sun	1000 - 1200	Lecture IV
3 Choices		0700, 1200, 1500	Lab IV

Basic Sailing Class			
Mar 2	Sat	0800 - 1100	Lecture I
All Students		1100 - 1430	Lab I
Mar 3	Sun	1000 - 1200	Lecture II
3 Choices		0700, 1200, 1500	Lab II
Mar 9	Sat	1000 - 1200	Lecture III
3 Choices		0700, 1200, 1500	Lab III
Mar 16	Sat	1000 - 1200	Lecture IV
3 Choices		0700, 1200, 1500	Lab IV

Aventura Policies & Procedures Class • Charter Certification Requirement			
Jan 27	Sun	1100-1330	Included as part of sailing lessons and required to charter an Aventura boat.
Feb 24	Sun	0900-1130	
Mar 24	Sun	0900-1130	

Advanced Sailing Class			
Jan 13	Sun	0800-1100	Lecture I
2 Choices		1100, 1400	Lab I
Jan 20	Sun	1000-1200	Lecture II
2 Choices		0700, 1200	Lab II
Jan 27	Sun	1000-1200	Lecture III
TBA		1830	Lab III
Feb 3	Sun	1000-1200	Lecture IV
TBA		TBA	Lab IV

Coastal Navigation Class - January			
Jan 9	Wed	7:00 - 09:30 PM	Lecture I
Jan 16	Wed	7:00 - 09:30 PM	Lecture II
Jan 23	Wed	7:00 - 09:30 PM	Lecture III

Coastal Navigation Class - March			
Feb 28	Thurs	7:00 - 09:30 PM	Lecture I
Mar 7	Thurs	7:00 - 09:30 PM	Lecture II
Mar 14	Thurs	7:00 - 09:30 PM	Lecture III

Course Fees		
Course	Member	Non-Member
Basic Sailing - Group (21 hrs.)	\$350	\$450
Advanced Sailing - Group (24 hrs.)	\$395	\$495
Coastal Navigation - Group (7.5 hrs.)	\$205	\$265
Coastal Navigation - Correspondence	\$65	\$90
Sailing Lessons - Private (3 hrs.)	Same as Course Fee	Same as Course Fee + Boat Fee
Sailing Clinic - Group (3 hrs.)	\$120	\$150
Refresher Labs - Group (3 hrs.)	\$120	\$150
Docking Clinic - Private (1 hr.)	\$120	\$150

**Early Registration Is Recommended** • 24 Hour cancellation is required on a reservation to avoid charges (Prices subject to change)

Additional Sailing Events and Seminars		
Description/Date(s)	Member	Non-Member
<b>Mooring Clinic</b> 9:00 AM to 12:00 PM (3 student min., 6 max)		
Sunday, Jan 27 Saturday, Feb 23 Sunday, Mar 24	\$120	\$150

<b>Sailing Clinic</b> 1:00 PM to 4:00 PM (3 student min., 6 max)		
Sunday, Jan 27 Saturday, Feb 23 Sunday, Mar 24	\$120	\$150

### Private Lessons Available

Please call the office to discuss your interests.

Course Syllabus Color PDF available online to print from, or purchase a Black & White printed version from the office for \$10.00 per course.

**Aventura Members** certifying to charter will usually take the Basic Course upon joining unless they have previous experience. If they have previous sailing experience on vessels in the 30ft range, with inboard engines and wheel steering, they may choose to take the Advanced Sailing Course. Any course may be taken as a refresher course at a reduced rate.

### Basic Sailing Course

Our Basic Sailing course consists of 21 hours of instruction designed for the student with limited or no experience in sailing, minimum 12 years old (must be accompanied by an adult) and will qualify members for chartering boats 27-32 foot in length. Included are 9 hours of classroom lecture emphasizing nautical terminology, aerodynamics of sail, boating safety, rules of the road, radio procedure, anchoring and heavy weather survival. In addition, students exercise practical sailing skills in 12 hours of lab sessions aboard 30 foot boats, with emphasis on sailing maneuvers, docking procedures and "man-overboard" recovery techniques. An additional 2 hour lab emphasizing Aventura charter policies, boat systems, and safety is given to current and prospective members. After this, you'll charter sailboats as big as 32 ft (refer to "Certification Information for Chartering" section).

#### Basic Lectures

1. Terminology
2. Safety – PFD's, Fire, Man Over Board, Sailing Checklists, Knot Tying
3. Rules of the Road, Aids to Navigation, Systems
4. Heavy Weather, Anchoring, Examination

#### Basic Labs

- I. Dockside Orientation
- II. Sailing Maneuvers, Man Over Board
- III. Docking & Sailing Review
- IV. Anchoring, Docking & Sailing Review

### Coastal Navigation Course

Our Coastal Navigation course, students are introduced to navigation of coastal areas, including use of a chart, planning a cruise, dead reckoning a position and fixing a position by means of a compass and two landmarks. Also covered is navigation under conditions of reduced visibility, reading navigational aids, use of a GPS and position plots when only one landmark is observable.

#### Coastal Navigation Lectures

Certification Required For Multiple Day Charters

1. Dead Reckoning, Plotting a Course
2. Fixing a Position
3. Electronic Navigation, Planning a Cruise

### Aventura's 1-2-3 Catalina Cruising Programs

1. Navigation Course
2. Catalina Cruising Seminar
3. Three Day Fleet Sail to Catalina

### Advanced Sailing Course

Our Advanced Sailing course is designed for the student with experience on 30-32 foot keelboats with inboard engines and wheel steering. It includes 12 hours of classroom lectures and 12 hours of on-the-water instruction and will qualify members for chartering boats 33-36 foot. Topics covered in the course include advanced sailing techniques, sail shape and trim, docking, mooring and anchoring procedures, night navigation, marine electronics, heavy weather seamanship and use of the sextant in navigation.

#### Advanced Lectures

1. Sail Shape & Trim, Tuning, Balance of Sail Plan
2. Weather, Maneuvers Under Power
3. Night Sailing, Diesel Engines
4. Anchoring, Heavy Weather Sailing

#### Advanced Labs

- I. Advanced Sailing
- II. Docking, Maneuvers Under Power
- III. Night Sailing, Electronic Navigation
- IV. Anchoring, Heavy Weather Techniques

#### Other Clinics Docking • Anchoring • Mooring

### Sailing Refreshers and Clinics

Our sailing refreshers and Clinics are proving to be a great way to maintain your certification status, if you haven't chartered recently. It is also a great way to maintain confidence in your skills.

### Catalina Cruising Seminar

In one evening, visit all the mooring coves and best anchorages at Catalina, and learn how to make the crossing and return. With 200 color slides, you will see what to expect, and how to enjoy it.

### Catalina Anchoring and Navigation

3 day Catalina Anchoring and Navigation with Exploration on a SuperBoat; may qualify you for Navigation and/or SuperBoat Certification\* for the vessel you sail on.

### Catalina Night Crossing and Circumnavigation

3 1/2 day Night Crossing and Circumnavigation of Catalina Island on a SuperBoat; may qualify you for Navigation and/or SuperBoat\* Certification for the vessel you sail on.

\*Eligible for **SuperBoat Certification** if you have 5 successful charters on Advanced vessels.